

## BONE DENSITY PATIENT MEDICAL HISTORY

Please read carefully. Complete FRONT & BACK in its ENTIRETY

Name: \_\_\_\_\_ Height: \_\_\_\_\_ Weight: \_\_\_\_\_ lbs. Age: \_\_\_\_\_ yrs.

Race:  White  Black  Hispanic  Asian  Other \_\_\_\_\_

Sex:  Female  Male Right or Left Handed  Right  Left

Have you had a DEXA Bone Mineral Density exam before?  Yes  No

If yes, when and where: \_\_\_\_\_

Is this exam for  **Osteoporosis Screening** OR  **Monitoring Osteoporosis Treatment**  
Other reason for exam today? \_\_\_\_\_

**Yes   No                      MENOPAUSE (Questions for female patients only)**

- Are you postmenopausal (Have you stopped having a period?)
- Did you have both of your ovaries removed?
- Is there a chance you could be pregnant?

**Yes   No                      OSTEOPOROSIS RISK FACTORS**

- Do you drink three or more alcoholic drinks every day?
- Do you have a family history of Osteoporosis?
- Has either of your parents fractured their hip without major trauma?
- Do you take steroids regularly ( $\geq 5$  mg of prednisone per day for at least 3 months)
- Do you have a history of fracture; hip, spine, shoulder or forearm without trauma
- Do you have a history of any of the following? (Check all that apply)
  - Diabetes Type 1                       Premature menopause ( $\leq 45$ )                       Hyperparathyroidism
  - Crohn's, Ulcerative colitis    Chronic antiseizure medication                       Hypogonadism
  - Breast Cancer Chemotherapy
- Have you been diagnosed with Rheumatoid Arthritis?
- Do you currently smoke tobacco?
- Have you lost two inches or more in height since high school?

**Yes   No                      OSTEOPOROSIS**

- Have you been diagnosed with Osteoporosis?
- Are you being medically treated for Osteoporosis or Osteopenia (other than Calcium)?  
If YES, which medication(s) are you taking and for how long?
  - Fosamax, Fosamax plus D, Dinosto \_\_\_\_\_  Boniva \_\_\_\_\_
  - Actonel, Atelvia \_\_\_\_\_  Forteo \_\_\_\_\_
  - Miacalcin, Fortical, Calcitonin \_\_\_\_\_  Evista \_\_\_\_\_
  - Reclast, Zometa \_\_\_\_\_  Prolia \_\_\_\_\_
  - Estrogen or Hormone Replacement Therapy (list) \_\_\_\_\_
  - Other \_\_\_\_\_

## BONE DENSITY PATIENT MEDICAL HISTORY

### OTHER INFORMATION

Have you had prior surgery to your: (check all that apply)

Right Hip    Left Hip    Lumbar Spine    Right Wrist    Left Wrist

### Additional Notes:

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*I have read and completed the above questions on the Bone Density Medical History form. I have been provided the opportunity to ask any questions I may have. I verify this by signing below.*

\_\_\_\_\_  
Patient or Authorized Representative

\_\_\_\_\_  
Date

\_\_\_\_\_  
If not patient, relationship to patient

### **FOR TECHNOLOGIST USE ONLY**

By signing below, I acknowledge the following:

1. I have reviewed the above information on Bone Density Medical History with the patient in its entirety.
2. I provided the patient an opportunity to ask any questions he/she may have.

Reviewed by: \_\_\_\_\_

Signature: \_\_\_\_\_

Date: \_\_\_\_\_